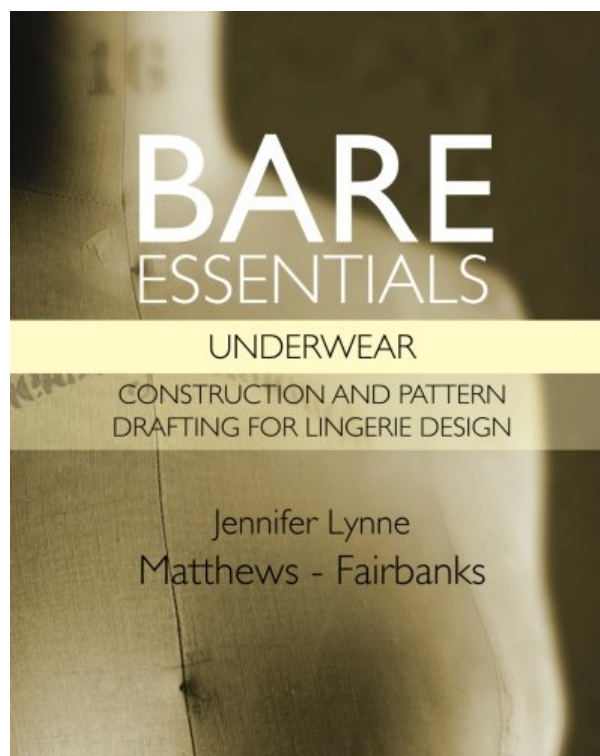
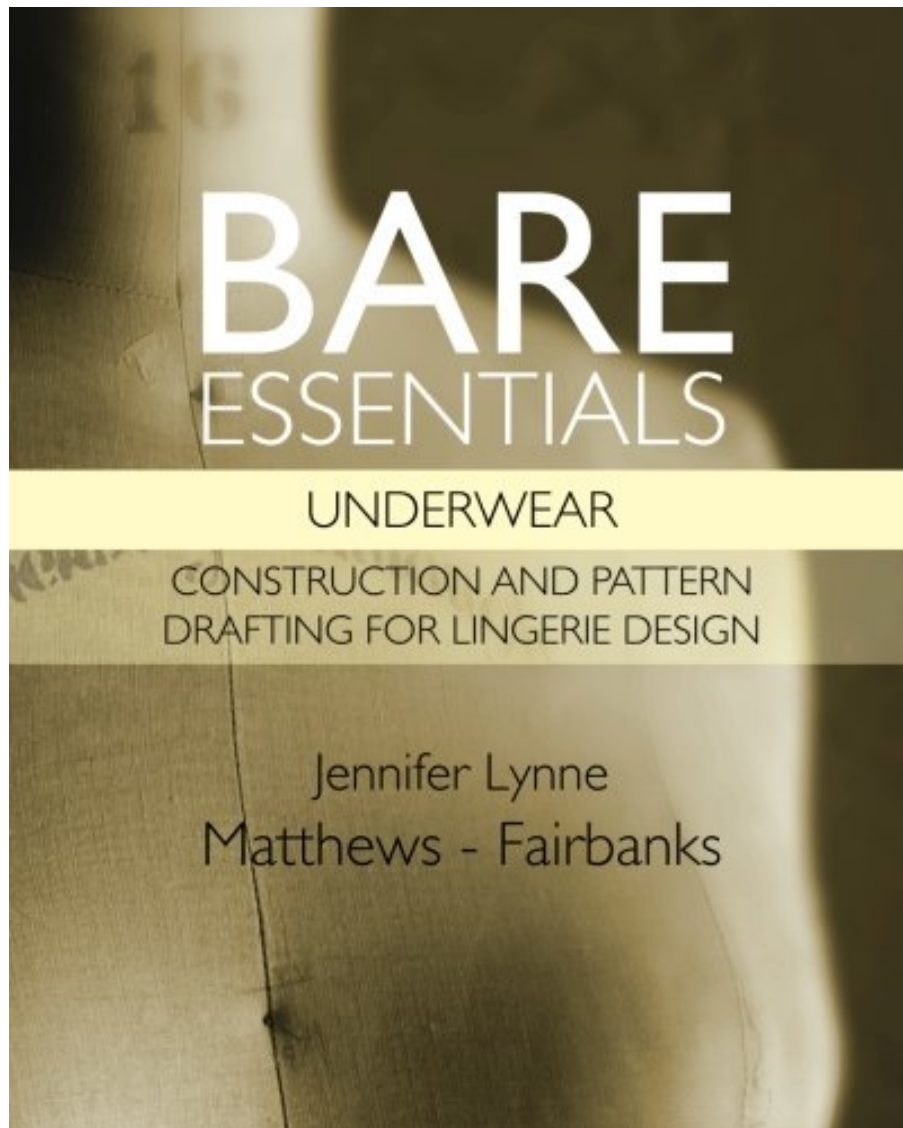


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# **BARE ESSENTIALS: UNDERWEAR: CONSTRUCTION AND PATTERN DRAFTING FOR LINGERIE DESIGN BY JENNIFER LYNNE MATTHEWS-FAIRBANKS PDF**

The Bare Essentials series is an invaluable resource for anyone entering into the field of lingerie design. This volume summarizes the basics of underwear design, from sewing and construction to drafting and pattern grading; introducing these subjects in a manageable capacity. Bare Essentials is organized into three main sections based on the complexities of the information provided. Included in this book are basic patterns for briefs and boyshorts. What you will learn: • Construction methods using elastics and stretch fabrics • Manipulation of basic patterns • Pattern drafting from measurements • Developing grade rules and grading patterns

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- Dimensions: 10.00" h x .36" w x 8.00" l, .72 pounds
- Binding: Paperback
- 158 pages

## Features

- Used Book in Good Condition

## Most helpful customer reviews

54 of 54 people found the following review helpful.

### LOVE THIS BOOK

By Amazon Customer

I have only been sewing for a year and I am mostly self taught. I particularly enjoy sewing lingerie, but there is not a lot of information (or even patterns) for that. I was really hesitant buying this book because there were no reviews. I took a chance because the bra construction book in the series had excellent reviews. I don't regret my decision in the least.

The book is split into three parts, Beginner, Intermediate, and Advanced. Patterns are provided in the back of the book that don't need to be enlarged.

The beginner section talks about the tools one needs to draft patterns and to sew in general. Stitches are discussed and an introduction to fabrics as well as their anatomy (grains and such). My singer lingerie book goes into more details about this which I found essential. This book could go into more detail on fabrics. Measurement charts are provided in the metric and imperial for everything which I found very nice.

One thing I really enjoyed about this book was its introduction to stretch fabrics and how to work with them. It went over some basic information that was very helpful. I wish it went more in depth, but this book is not meant for learning all of those details. I wouldn't knock points off for that.

The beginner section provides step by step instructions for making the patterns in the back of the book. If you don't like the location of the seams, an alternative step by step instruction guide is provided with just as much detail. These patterns include boy shorts, boy shorts without a side seam, wide lace boy shorts (instructions are shown to manipulate the pattern for this), classic briefs with a couple of different options for the crotch, and briefs without a front seam. There are also instructions for applying the elastic (though I wish there was slightly more detail, unfortunately fold-over elastic is not included in any section).

The Intermediate section introduces you to pattern manipulation, measurements for that, and elastic stretch charts. Creating boy shorts with a side seam is shown as well as how to do your own personal manipulations to any pattern including a cool lace attachment. French knickers are next using the "slash and spread" method which I found really cool. I've looked through lots of lingerie patterns and there are none that I found for these panties. The same goes for the key hole cut out pattern discussed next. That was really cool because once again, I've never seen a pattern for that. Puff panties are discussed and then a string bikini pattern.

The Advanced section talks about pattern drafting and grading. It includes more measurement information and charts. Customized charts are also provided for you to fill out if you wish. More information on stretch fabrics are included. I believe this is helpful for making panties that don't look bigger than they are. I've always noticed that panties I've made don't look as small as the store bought ones but they're the same size. There are a few pages of information on drafting.

The advanced section contains information on how to draft your own pattern for boy-shorts, including whether or not you want a side seam. Grading is discussed which I don't fully understand yet. I THINK it shows how to make boyshorts into hipster briefs (I haven't really read this section yet). Brief drafting is discussed along with a variation called the "hip hugger brief." A basic thong is discussed and another section on briefs.

If you can create all the patterns in this book, I imagine you are well on your way to designing other cool panties that you can't find patterns for.

I would suggest that you buy this book with the Singer lingerie construction book. That book goes into different ways to attach lace and elastic (again lack of fold over elastic techniques but that's ok). It also goes into manipulating patterns with different widths of lace or elastic and more information on fabric, lace, and elastic is provided. If you combine these books together then you have A LOT of information about pretty much everything you need to know.

I hope this helps. I def. love this book and look forward to buy the other books in the series.

15 of 15 people found the following review helpful.

Very good instructions

By Karen C. Gass

So far I've made 5 pairs of panties from this book, and they fit perfectly. The instructions are clear, lots of photos and diagrams so you never wonder what to do next. If you want to make your own (or someone else's) panties, this is the book to get!

9 of 10 people found the following review helpful.

BASIC Bare Essentials

By evesan813

Purchased both the bra and underwear books together for a great deal. I think both books are really informative and helpful, however I was dissapointed to see that there were no instructions to draft a block pattern to a standard set of measurements. As a student, I am looking to apply drafting skills to intimate apparel and it would've been great to be able to start from scratch rather than have a block already provided for us that we then need to adjust. I will say each chapter is really easy to read and makes it easy to follow along. For those of you not interested in beginning with the bottom basics of underwear pattern drafting, this book is for you.

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