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From Publishers Weekly

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even a sex symbol gets stretch marks and balloons to 200 pounds during pregnancy. A must-have for any childbirth collection. An aggressive marketing campaign suggests libraries ought to stock up. Mary Frances Wilkens

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THE RUNAWAY NATIONAL BESTSELLER

Revealing the naked truth about the tremendous joys, the excruciating pains, and the inevitable disfigurement that go along with pregnancy, Jenny McCarthy tells you what you can really expect when you're expecting! From morning sickness and hormonal rage, to hemorrhoids, granny panties, pregnant sex, and the torture and sweet relief that is delivery, Belly Laughs is must-read comic relief for anyone who is pregnant, has ever been pregnant, is trying to get pregnant, or, indeed, has ever been born!

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Most helpful customer reviews

87 of 98 people found the following review helpful. It's ok to think about yourself when pregnant!

By Amy Bischoff

So, for the most part the reviews are either 'OMG, this book is so funny' or 'OMG this book is so offensive!'

It's funny, no questioning that. It's crude, no questioning that either. If you find the "F" word offensive, don't buy it. If you find referring to your privates in "crude" language offensive, don't buy it. For those of us who have conquered the world of adult language and realize that words are just words there are no real problems.

Don't buy this book if you are looking to be educated about pregnancy. It's entitled "Belly Laughs". These are Jenny's anecdotal stories that we all ge to laugh about.

If you are one of those people who is horrified if you hear a pregnant woman call herself fat, say she isn't going to breastfeed or is more concerned with her own image than this "perfect beautifu life inside her" don't buy. For those of us who have actually been through pregnancy without sugar coating it, some days you do feel fat, sometimes you DO want to have sex without jr. kicking you and every once in a while we want to think more about ourselves than being pregnant. It's good that there is a book in the mainstream that validates that feeling instead of saying "all you should think about is this life inside you". Sometimes us pregnant girls want to think about our OWN lives.

11 of 12 people found the following review helpful.

It made me pee a little

By Stef

This book was exactly what I needed after reading "What To Expect When Expecting." My anxiety was through the roof and I was for sure having a three headed baby. This made me come back to earth and realize women have been doing this from the start and its going to be messy. But, so is life. Cheers to making me laugh and at some points pee a little.

125 of 169 people found the following review helpful.

This book is hilarious!!!!

By S. M. Anderson

I'm not expecting, but one of my best friends is expecting her first child. My coworker brought this book into work, and she said we had to read this book. I had tears running down my face. This book is a quick read and you can finish it easy in 1 - 2 days. This book takes a light hearted look at pregnancy. Pregnancy is a beautiful experience, but it was fun to read her frank and funny views on gas, the belly expanding, and the all so quiet topic of pooping on the delivery table. There were so many moments when I laughed out loud and had to look around to make sure no one was looking at me all strange.

Some of her other funny stories includes; craving mustard, when she hated mustard. Jenny liking mumus because nothing else fit. Jenny having strange dreams while pregnant. Dealing with hemorrhoids, weighing her breast. Her trying to keep her boobs from hanging off the sides of the mattress due to their size. Surrender to the maternity bra. A pregnant woman's fart can truly bring a man to his knees. I had to find tissue after reading that line. I had so many laughing tears running down my face. The different changes the body go through. Crying for no reason due to hormonal changes, and pregnancy stupids. Skin changes, pregnant head, bad headaches and wanting to saw the head off. Premature labor. Hating skinny women. How she panicked when the epidural wore off and her concerns was still "Am I pooping on the table." Don't make a pregnant woman want to pee.

This book is not meant to be a pregnancy guide, it's meant to take a light hearted comical look at going through the pregnancy experience. I mean the book is after all called Belly Laughs. If you are expecting this book to have some new insight on pregnancy then you will be mistaken. If you have a great sense of humor you will find yourself enjoying this book a lot.

This book will make you laugh and laugh some more. I bought a copy for my best friend, and she loved it. This book is hilarious!!!!!!!!

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