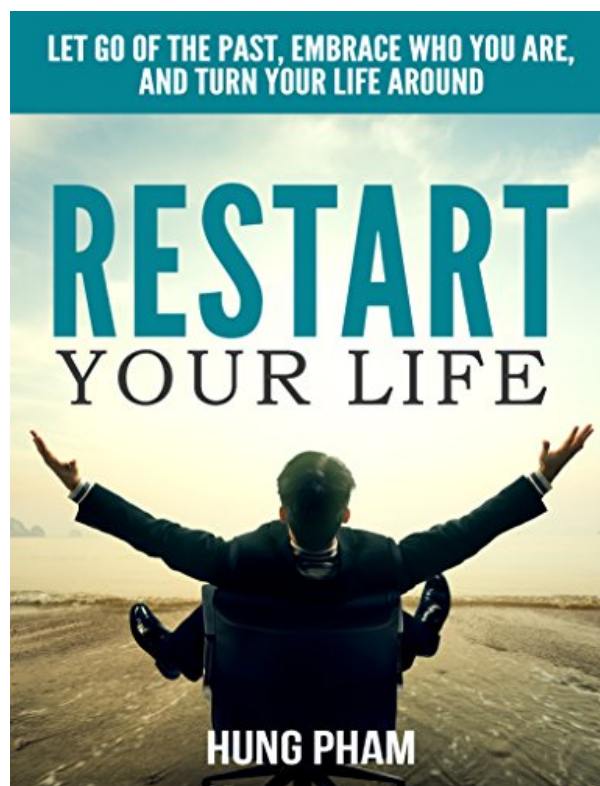


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Fantastic read!

## About the Author

"Life is Short - Do Stuff That Matters" - Many of us fear change because it is too difficult to do and so we stay stuck in our daily mundane routines. Hung Pham is a living an example that it is never too late to create the life you've always wanted. All you need to do is to start today. In his books, Hung provides simple, easy to follow, actionable plans for many areas of your life including health, fitness, work and personal relationships. Unlike other personal development books, his material focuses on taking action and getting started. Instead of reading over-hyped strategies that rarely work in the real-world, you'll get information that can be immediately implemented. Hung Pham an entrepreneur and author residing in the San Francisco Bay Area. Learn more by subscribing to his newsletter at [missionandpossible.com](http://missionandpossible.com) and check out his books on personal development.

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Is your life not what you expected it to be? Are you constantly haunted by the past, replaying every poor decision you've made like a bad record on repeat?

I know the feeling because that use to be me.

Most of my 20's were a blur as I struggled with personal and financial hardships. I would go to sleep each night hoping my life was a dream and to wake up to something better. For eight years I struggled with making progress and accepting myself.

Then one day I got tired of dreaming and decided to do something about it.

Discover the Secret to Letting Go of the Past, Embracing Who You Are, and Completely Changing Your Live

Many people fear it's too late to turn their life around because the hole their stuck in is too deep. I'm here to tell you that it's never too late. I know because I was able to completely turn my life around and I'm here to share my secrets with you.

This book goes deep into my personal history where I share my challenges and the actionable changes I made to become the successful person I am today. It starts with setting the proper mindset and approach, then goes into how to taking action, and finally building better habits to set yourself up for future success.

I'll teach you step by step how to break the mental chains that hold you back from turning it all around.

Here is a sample of the powerful techniques inside:

- How to Turn Your Failures into Wins
- Change Any Bad Outcome Using This Simple Mind Trick
- How to Live Life With Results and Not Regrets
- Invest in Yourself For the Greatest Return Possible
- How to Master Multiple Skills in Your Lifetime
- Develop Internal Happiness That Leads to External Confidence
- How to Use Your Story to Inspire Others
- Learn the Secret to Spark Change With This Four Letter Word
- How to Create a Blueprint for Success

Set yourself free from the past and start moving forward. Here's to completely changing your life around!

## Ready to Restart Your Life?

Then stop hesitating and let's get to it. You can have the life you've always wanted. Scroll to the top of the page and select the buy button.

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- Format: Kindle eBook

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7 of 7 people found the following review helpful.

This book ROCKS!

By Amazon Customer

I love how this book is written, the author is thoughtful about the way he shares his stories. You can tell he cares about his audience because he writes in a way that you know exactly what he went through. You feel really bad for him at first but as you keep reading its very inspiring to see the changes he's made to be a better person.

I would say it is a must read for anyone who's made a mistake or two in life but even if you have a great life still an awesome read to get motivated to do more.

5 of 5 people found the following review helpful.

Practical Advice

By Petunia022

I gave this book a 4 star rating because I don't prefer profanity in my books, but he has a lot of good advice that helped me stop, think and now "turn my life around". It "slaps me upside my head" and reminds me I don't have to keep making the choices that got me here. I MUST LET GO OF THE PAST and then I can head my life in a better direction.

He gives examples that can fit a variety of situations. Before I continue reading I review all my highlighted passages to really help seat the concepts, plus there is a "cheat sheet" in the back of the book to help you. I will read this book again.

4 of 4 people found the following review helpful.

Authentic, raw, and real

By Reviewer

I've struggled with depression in my life. There, I said it. It's not something that I've been super public with before, but it's something that has shaped my identity for the better part of a decade.

Why do I bring that up? Because it's a difficult beast to tame and manage, and I look for any resources I can to help me. Fortunately, this book is one of the best on the topic for that. It's probably because of the authenticity that the author writes with, and it's very clear that he was also in dire straits before... possibly worse than me? Not like it's a competition, but that does give some valuable perspective that you won't find elsewhere. And believe me, I've looked.

Sometimes you just need a kick in the rear, and this book was definitely that as well.

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